

PROFESSIONAL BIOGRAPHY

Dr Paula Berdoukas

MBBS (Hons), FRANZCO

Comprehensive Ophthalmologist | Cataract & Medical Retina Specialist

Dr Paula Berdoukas is a Sydney-based comprehensive ophthalmologist with more than 20 years of experience providing expert medical and surgical eye care. She has expertise in cataract surgery and the management of retinal diseases, including age-related macular degeneration, diabetic eye disease and retinal vein occlusions. She also performs retinal laser treatments and intravitreal injection therapies.

Dr Berdoukas graduated with First Class Honours in Medicine from the University of Sydney in 1997 before completing her residency at Prince of Wales Hospital and specialist ophthalmology training at Sydney Eye Hospital. During her final year of training she was appointed Professorial Senior Registrar, and upon completing her fellowship examinations was awarded the prestigious K.G. Howsam Medal by the Royal Australian and New Zealand College of Ophthalmologists (RANZCO) for excellence in the final fellowship examination.

Following fellowship, she undertook further subspecialty experience in medical retina and cataract surgery at Hillingdon Hospital and the Western Eye Hospital in London. Returning to Sydney, she has served as a locum consultant ophthalmologist and supervised cataract surgery and ophthalmology trainees at Sydney Eye Hospital, Royal Prince Alfred Hospital, Concord Hospital and Prince of Wales Hospital.

In addition to her clinical practice, Dr Berdoukas completed a Graduate Diploma in Medicine (Cataract and Refractive Surgery) through the University of Sydney and spent ten years as an Anatomy Examiner for RANZCO, contributing to the education and assessment of future ophthalmologists.

Dr Berdoukas is committed to providing personalised, evidence-based care using the latest advances in ophthalmology. She believes in taking the time to explain each diagnosis and treatment option clearly, ensuring patients feel informed, supported and confident in their care.